

*What can I do for you?
Just ask.*

Bespoke companionship is exactly what it says. A service tailor made to your needs and could include: -

- Regular and one-off visits
- Outings
- Light housework
- Cooking/Baking
- Games/Puzzles



*Conversation stimulating puzzles.
Active Minds.*

Contact me

Phone

07843 427258

Email

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Website

www.mrsbscom.wordpress.com



Mrs B's

*Compassionate
Companionship*

Award winning carer with 20+ years' experience.

I provide a bespoke companionship service in Hertfordshire and Essex, primarily to support unpaid carers and provide them with respite that also gives them peace of mind.

I was nominated and awarded *Carer of the Year 2023 through the Bishops Stortford Independent Indies Community awards*, and it was an incredibly proud and humble moment for me.



"I'm so grateful to have been introduced to Debra. She has helped our family so much by keeping my mum company so that my dad can have a bit of time to himself. A kind, selfless, beautiful soul."

My Experience in caring.

From 1999 to today I have worked in a variety of care settings including domiciliary care, residential care, funeral arranger and most recently at Carers in Hertfordshire, a charity supporting unpaid carers. I have experience with dementia care, palliative care and learning difficulties.

I pride myself with possessing great empathy, effective communication skills and wear my infectious smile whatever the weather!

Peace of mind

- Public liability insurance
- Business use on car insurance.
- DBS certificate October 2023
- Nonsmoker
- NVQ 2 in Care



You cannot pour from an empty cup. To help keep your cup filled, I aim to provide you with respite and peace of mind.